



## accidental self-portrait no. 1

drawing reflected  
myself back to me  
right before heading  
back into the cage  
the other morning.

one more  
harried hurried  
hunted hunch-shouldered  
hungry running rabbit  
trapped in the  
flying to pieces  
stressed for success  
balls out  
non-stop  
all or nothing  
everything  
all the time  
twenty-four-seven  
faster and faster  
more and more  
mandatory  
retaliatory  
predatory  
purgatory  
world-eating  
gut-busting  
soul-crushing  
american dream.

now it's just about  
time to start another  
week of it.

I feel  
like a rat  
on a wheel.

---

Copyright © 2011 by Rick Belden. This work is licensed under a [Creative Commons Attribution-NonCommercial-NoDerivs 3.0 Unported License](#).

[www.rickbelden.com](http://www.rickbelden.com)