

## just for today

I feel weak today  
I feel tired.

I need more than I've been getting  
but I'm still afraid to try to get it.

afraid of other people  
    afraid of myself  
afraid they'll screw it up  
    afraid I'll screw it up  
afraid they'll expect too much  
    afraid I'll expect too much  
afraid I'm so bent and so broken  
and so long alone  
    that I'm simply incapable  
    of having a healthy intimate relationship  
with anyone.

I wish I had someone to hold me today  
to tell me  
    *you're a good man*  
    *I appreciate you*  
    *I know how hard you've worked*  
    *I see how far you've come*  
to make me something good to eat  
to be quiet and slow with me  
to be strong on a day when I feel weak  
to carry some of the load for me  
just for today.

I wish I had someone like that  
someone I've never had  
just for today.